SHORT DESCRIPTION

VegMed is a unique international scientific conference on medicine and plant-based nutrition. The congress is dedicated to provide a scientific base and practical guidelines for the establishment of a sustainable plant-based nutrition in medical practice and research.

VegMed aims at physicians, medical students, scientists, nutritionists, academic healthcare professionals and related disciplines. On the public day, the congress is open to all visitors. Participants can expect a large number of scientific lectures from world-leading researchers and renowned physicians in the field, hands-on workshops, panel debates and platforms for professional networking. Additionally, mind-body- and yoga-sessions, a selection of exhibitors and vegan food trucks will be offered.

Program

SCIENTIFIC SYMPOSIUM: 20th-21st April 2018
PUBLIC DAY: 22nd April 2018
OPENING HOURS & REGISTRATION
Friday, 20th April 2018, 12.30 pm - 09.00 pm
Saturday, 21st April 2018, 08.30 am - 09.00 pm
Sunday, 22nd April 2018, 09.00 am - 04.45 pm (Public Day)

Registration fees:
Standard fee: 290 €
Student fee: 120 €
Public Day standard fee: 25 €
Public Day reduced fee: 15 €
Online-Streaming of the plenary session: 60 €

*Simultaneous translation will be provided for all lectures in the main auditorium. Yoga- and mindfulness-sessions during breaks.

Friday 20.4. CONFERENCE FOR PROFESSIONALS

12:30 Registration

14:00 Welcome Sebastian Joy, Prof. Dr. Andreas Michalsen, Rainer Plum – Moderation: Elmar Stapelfeldt

14:30 Keynote: Fork and Knife: Weapons of Mass Destruction, or Instruments of Health and Healing?
Prof. Dr. Hans Diehl

15:00 Coffee break

15:30 Oh Lord, endow my sausage with leafy vitamins
Prof. Dr. Anja Kroke

Workshop: Plant-based nutrition in cancer chemotherapy: clinical studies and practical experience
Dr. Annette Järnsch, Dr. Daniela Liebscher

Lupine: cultivation, quality assurance and marketing of a protein shooting-star
Dipl.-Ing. agr. Elke zu Münster

16:00 Keynote: Nuts to you! The health effect of regular nuts consumption
Prof. Dr. Joan Sabaté

Milk’s software in Health and Disease
Prof. Dr. Bodo Melnik

Vegan and vegetarian patient-rights - what you need to know regarding German hospitals
Ralf Müller-Ametsch

17:00 Peer-Review-Session 1: Nudging, Motivation, Integration
Moderation: assoc. Prof. Dr. Armando Perez-Cueto

How to reset your body clock with a plant-based nutrition
Dr. Dana Kahn-Katowa

Paléo - sense and nonsense of the vegan stone-age diet
Prof. Dr. Andreas Hahn

17:30 Vegan nutrition - a neglected field of research
Dr. Markus Keller

Panel discussion: The milk controversy
Prof. Dr. Karl Michaelsson, Brenda Davis, Prof. Dr. SV Gupta
Moderation: Dr. Christian Kessler

18:00 Filmscreening: What the Health

Saturday 21.4. SCIENTIFIC STUDENTS’ WORKSHOP: 9:00 am - 17:00

Sunday 22.4. PUBLIC DAY: 9:00 am - 4:45 pm

For further information: www.vegmed.org

CONTACT
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SCIENTIFIC RESPONSIBILITY
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Program version April 2018 - subject to change